

#### THE TEN COMMANDMENTS

- I. Thou shalt have no other gods before Me.
- II. Thou shalt not make unto thee any graven image, or any likeness of anything that is in heaven above, or that is in the earth beneath, or that is in the water under the earth: Thou shalt not bow down thyself to them, nor serve them: for I the Lord thy God am a jealous God visiting the iniquity of the fathers upon the children unto the third and fourth generation of them that hate Me: and showing mercy unto thousands of them that love Me and keep My commandments.
- III. Thou shalt not take the Name of the Lord thy God in vain; for the Lord will not hold him guiltless that taketh His Name in vain.
- IV. Remember the Sabbath day, to keep it holy. Six days shalt thou labour, and do all thy work: but the seventh day is the Sabbath of the Lord thy God: in it thou shalt not do any work, thou, nor thy son, nor thy daughter, thy manservant, nor thy maidservant, nor thy cattle, nor thy stranger that is within thy gates: for in six days the Lord made heaven and earth, the sea, and all that in them is, and rested the seventh day: wherefore the Lord blessed the Sabbath day, and hallowed it.
- V. Honour thy father and thy mother: that thy days may be long upon the land which the Lord thy God giveth thee.
- VI. Thou shalt not kill.
- VII. Thou shalt not commit adultery.
- VIII. Thou shalt not steal.
- IX. Thou shalt not bear false witness against thy neighbour.
- X. Thou shalt not covet thy neighbour's house, thou shalt not covet thy neighbour's wife, nor his manservant, nor his maidservant, nor his ox, nor his ass, nor anything that is thy neighbour's.



### The Secret of Bible Study

Study IT through - Never begin a day without reading and understanding one of the questions of the next Sabbath's Lesson.

Pray about IT - Never leave your Bible until the text you have read and studied is a part of your very being.

Write IT down - The thoughts that God gives you put it on your margin or in a note book, etc. Refer to this when having the review or the study of the lesson in Sabbath school.

Work IT out - Live the truth you receive throughout the rest of the day and think about it as you go to sleep.

Pass IT on - Seek to tell somebody, your family, neighbour or friend, what you have learned and perhaps your listener will start to do the same thing as you. You will surely soon after have the beginnings of a Sabbath school.

# IN THIS QUARTERLY

The Bible is not only the record of what God has done to disclose Himself and His salvation, but it is also the means by which that revelation is realized in our lives. It contains God's redeeming truth. When properly understood and obeyed, it invariably brings us to him who is "the way, the truth, and the life" (John 14:6). That is the whole purpose of Scripture. It is "written, that ye might believe that Jesus is the Christ, The son of God: and that believing we might have life through his name" (John 20:31).

In this quarterly we continue to study more topics which are basic to our salvation.

## SABBATH STUDY, JUNE 24, 2023

#### **EXHORTING ONE ANOTHER**

Scripture Reading: Hebrews 3. Golden Text: Hebrews 3:13.

- 1. Why is encouragement needed? Hebrews 3:12-14.
- 2. What did Peter tell some to do when he exhorted them on the day of Pentecost? Acts 2:40.
- 3. What did Paul exhort in 1 Timothy 2:1-4?
- 4. To what did Paul say to give attendance? 1 Timothy 4:11-13.
- 5. Why is this most important now? Hebrews 10:23-25.
- 6. What are we told about hearing? Hebrews 3:7-11.
- 7. Will it be easy to continue in the faith? Acts 14:21-22.
- 8. What is another reason for exhorting one another? 2 Timothy 4:1-4.
- 9. Why is it important to follow Jesus'? Ephesians 3:17-21.
- 10. Why must we be always alert'? Matthew 24:42-44; Mark 13:32-36.

## SABBATH STUDY, JUNE 17, 2023

### HOW TO BE A FRIEND OF GOD

Scripture Reading: Philippians 4:1-23. Golden Text: James 2:23.

1. Did Abraham believe God? James 2:23. (1st part)

2. What was Abraham called because of this? James 2:23. (2nd part)

3. If we believe God. what must we do? Ecclesiastes 12:13.

4. What does Jesus say about friends? John 15:12-14.

5. How did God show his friendship toward us? John 3:14-17.

o. If we wish to have friends, what must we do? Proverbs 18:24.

7. Because we are friends with God, what are we promised? Romans 6:23.

8. Can we be friends of God and the world at the same time? James 4:4.

9. How shall we walk when we are friends of God? Ephesians 4:1-7.

10. What does Paul call the members of the church at Ephesus? Ephesians 1:1. What is a saint? 1 Corinthians 1:2

# SABBATH STUDY, APRIL 1, 2023

#### **BLESSED ARE THE MEEK**

Scripture Reading: Psalm 25:1-18. Golden Text: Matthew 5:5.

1. What are the meek told in Zephaniah 2:3?

2. Was Jesus meek? Matthew 11:28-29.

3. Is meekness one of the fruits of the Spirit? Is there any law against it? Galatians 5:22-23.

4. What reward do the meek receive? Psalm 37:11; Matthew 5:5.

5. Who does the Lord guide and teach? Psalm 25:8-10.

6. What did Jesus say as to who was greatest in the kingdom? Matthew 18:1-4.

7. What helps us to become obedient? Philippians 2:3-8.

8. What does Paul tell the Colossians to put on? Colossians 3:12.

9. What helps us to avoid God's anger? Zephaniah 2:1-3.

10. Who does God resist? To whom does God give grace? James 4:6-10.

## SABBATH STUDY, APRIL 8, 2023

### **BEING MERCIFUL**

Scripture Reading: Luke 10:25-37. Golden Text: Matthew 5:7.

1. What is said of one who is merciful? Proverbs 14:21-22.

2. Why should we be merciful? Luke 6:36-38.

3. What are some of the requirements of God? Micah 6:8.

4. How will those who have not mercy be judged? James 2:13.

5. How have the Gentiles obtained mercy? Romans 11:26-30.

6. How may Israel obtain mercy? Why has God concluded Israel in unbelief? Romans 11:31-32.

7. If we are merciful, what shall we obtain? Matthew 5:7.

8. Why must we obtain God's mercy? Isaiah 64:6.

9. What are we told to remember in Proverbs 3:1-7.

10. What does one who follows after righteousness and mercy find? Proverbs 21:21-23.

11. Why should we come boldly unto the throne of grace? Hebrews 4:15-16.

## SABBATH STUDY, JUNE 10, 2023

### **OUR BEHAVIOUR**

Scripture Reading: Matthew 7:1-14. Golden Text: Matthew 7:12.

1. What should be our behaviour toward others? Luke 6:31: Matthew 7:12.

2. What is the instructions on how to serve God and man? Matthew 22:35-40.

3. What can affect our behaviour? Proverbs 24:1, 19.

4. Sometimes what can cause envy? 1 Timothy 6:2-4.

5. Can we let our well doing slide? Galatians 6:9-10: 2 Thessalonians 3:13.

6. What must we be weary of? Matthew 7:3-4.

7. Are there things that can be coveted? 1 Corinthians 12:31; 14:39.

8. What does 2 Timothy 3:1-5 say of the behaviour of men in the last days?

9. Should we seek the Lord for help in our behaviour? Proverbs 8:17; James 1:5 -6.

10. Does God's law govern our behaviour? Romans 13:9-11.

# SABBATH STUDY, JUNE 3, 2023

#### WHERE GOD DWELLS

Scripture Reading: 2 Corinthians 6. Golden Text: 1 Corinthians 3:16.

1. Where does God dwell? Matthew 5:48; Luke 11:2.

2. Are there more than one heaven? 2 Corinthians 12:2.

3. Where else does God dwell? John 14:23; 1 John 4:16.

4. How does God dwell in us? John 14:16-17.

5. When God dwells in us. what do we become? 1 Corinthians 3:16.

6. How do we get the indwelling of the Holy Ghost? Acts 8:14-17.

7. When this happens, to whom do you belong? 1 Corinthians 6: 19-20.

8. What happens if we defile God's Temple, and what is His Temple? 1 Corinthians 3:17.

9. What are a few things that can cause the temple to be vacated? Ephesians 5:1 -7.

10. What are the fruits of the spirit? Galatians 5:22-23; Ephesians 5:9-15.

## SABBATH STUDY, APRIL 15, 2023

### **THIRST**

Scripture Reading: Isaiah 55. Golden Text: John 4:14.

1. After what should we hunger and thirst? Matthew 5:6.

2. To whom must we go to satisfy our spiritual thirst? John 7:37-38.

3. How much does the water of life cost? Revelation 21:6; 22:17.

4. What kind of water did Jesus say the Samaritan woman might receive? John 4:9-10.

5. What kind of water did Jesus offer? John 4:14.

6. What does Paul say about hunger and thirst? 1 Corinthians 4:10-12.

7. In John 6:35 what did Jesus say about those who believe and come to him?

8. What is God's promise to the thirsty in Isaiah 44:3-4?

9. What is the only way to get this water? Matthew 22:37-40; John 4:14; 7:38; 1 John 5:6.

10. What are we told about knowing Jesus? 1 John 2:1-6.

## SABBATH STUDY, APRIL 22, 2023

### WHAT IS RIGHT?

Scripture Reading: Proverbs 22. Golden Text: Proverbs 14:12.

- 1. How changeable is God? Ecclesiastes 3:14; James 1:17; Malachi 3:6.
- 2. Who is our example for doing right? 1 Peter 2:21.
- 3. How do we know that Jesus is a good leader? 1 Peter 2:22-23.
- 4. Did Jesus sin when he was tempted? Hebrews 4:15.
- 5. What are our instructions concerning Jesus'? John 8:12; 1 John 2:6.
- 6. By what are we to live'? Luke 4:1-4.
- 7. Of what must we be aware'? Proverbs 14:12; Matthew 7:14.
- 8.. What do we receive for suffering for Jesus? Matthew 5:10-11.
- 9. Will many who think they are following our Lord be saved? Luke 13:23-27; Matthew 7:21-23.
- 10. What must we do'? 1 Thessalonians 5:21; 1 John 4:1; Philippians 4:7, 8.

# SABBATH STUDY, MAY 27, 2023

#### SATAN OUR ADVERSARY

Scripture Reading: Isaiah 14:12-21. Golden Text: Ezekiel 28:14.

- 1. How important was Satan? Ezekiel 28:14.
- 2. Was Satan perfect? Ezekiel 28:15-16.
- 3. What contributed to Satan's fall? Ezekiel 28:17-18.
- 4. Who did Satan go after? Genesis 3:1-7.
- 5. Is he known by other names? Isaiah 14:12; 1 Peter 5:8; Revelation 20:2.
- 6. What is one of the many tools of Satan? John 8:44.
- 7. How well does this tool work? James 4:1-3; 1 Peter 2:11; Galatians 5:16-17.
- 8. Where is Satan now? Revelation 12:7-9.
- 9. Was Jesus tempted by Satan? Matthew 4:1; Luke 4:2.
- 10. What did Jesus tell Satan? Matthew 4:7, 10.
- 11. Of what must we always be aware? 1 Peter 5:8.

# SABBATH STUDY, MAY 20, 2023

### **GOD'S WILL**

Scripture Reading: Ephesians 5:1-20. Golden Text: Ephesians 5:17.

- 1. Are we told what God's will is? Matthew 5:48; Romans 12:1, 2; 1 Thessalonians 4:3-8.
- 2. Is obeying and honouring our parents part of God's will? Exodus 20:12; Ephesians 6:1-3.
- 3. What is God's will concerning the parents' relationship toward their children? Ephesians 6:4; Colossians 3:21.
- 4. What is our reasonable service? Romans 12:1-2.
- 5. Is it God's will that all might be saved? 1 Timothy 2:1-4; 2 Peter 3:9.
- 6. How can this happen? Ezekiel 18:21-23.
- 7. What was wrong with Adam and Eve eating of the fruit of the tree? Genesis 3:1-4.
- 8. What happened to them because of their disobedience? Genesis 3:16-19; Romans 5:12; 1 Corinthians 15:21-22.
- 9. Whose will did Jesus do? John 5:30.
- 10. How do we obtain a good standing before God? 1 John 2:1-6.

# SABBATH STUDY, APRIL 29, 2023

#### **PERSECUTIONS**

Scripture Reading: 2 Timothy 3. Golden Text: 2 Timothy 3:12.

- 1. Who is usually responsible for our persecutions? Job 1:8-12.
- 2. How should we feel about being persecuted? Matthew 5:12; 1 Peter 3:14.
- 3. Did Paul suffer persecution? 2 Timothy 3:10-11.
- 4. If we live according to the truth, will we suffer persecution? 2 Timothy 3:12.
- 5. What did Jesus say concerning persecution? John 15:18-20
- 6. Can persecution separate us from the love of Christ? Romans 8:35-39.
- 7. What is needed to endure persecution? 2 Thessalonians 1:3-4.
- 8. What did David ask God to do? Psalm 142:6.
- 9. What are we told in 2 Corinthians 4:8-14
- 10. Who is the dragon in Revelation 12:13, 17, 9?

# SABBATH STUDY, MAY 6, 2023

### HAPPINESS IN THE LORD

Scripture Reading: Philippians 4:1-13. Golden Text: 1 Peter 4:14.

- 1. What are some of the requirements to be happy in the Lord? Romans 14:22; James 5:11; 1 Peter 3:14: 1 Peter 4:14.
- 2. Is wisdom important to our happiness? Proverbs 3:13-14.
- 3. What is written of the man who feareth alway? Proverbs 28:14.
- 4. Does keeping God's commandments give us happiness? Proverbs 29:18.
- 5. How do we find joy in God? Romans 5:11; Psalms 43:4.
- 6. Should tribulations make us unhappy? 2 Corinthians 7:4.
- 7. What gave John joy in 2 John 1:3-4?
- 8. Are there pleasures of happiness that can cause us trouble? Titus 3:3.

## SABBATH STUDY, MAY 13, 2023

### THE CHRISTIAN

Scripture Reading: 1 Corinthians 9:16-27. Golden Text: 1 Corinthians 9:24.

- 1. How are we to run the race? Hebrews 12:1.
- 2. What must we set aside in order to run this race? Hebrews 12:1.
- 3. When running a race, how many receive the prize? 1 Corinthians 9:24.
- 4. What example of Paul must we follow in order to win the race? 2 Timothy 4:7-8.
- 5. What must we be careful to do? 1 Corinthians 9:27.
- 6. For what are we running in this race? 1 Corinthians 9:25.
- 7. What was Paul's thoughts about the race? Acts 20:23, 24.
- 8. What are we told of this race? Ecclesiastes 9:10-12.
- 9. Who must we look to in this race? Hebrews 12:2.
- 10. What is most important for us to remember after we enter the race? Matthew 24:13.
- 11. How can we be sure we can last in this race. Isaiah 40:31.